



Final Exams Begin Tuesday, Check the Schedule Online

Final exams for the spring semester begin on Tuesday, May 31 and run through Thursday, June 2. [See the full schedule](#) and further details.



View Head of School's Final 2021-22 Community Meeting Message

On Wednesday, students, faculty, and staff met in University's final community meeting of the school year. After announcements, Head of School Alicia LaMagdeleine took the stage to reflect on events of the past week and the past year and offered words of encouragement. [Watch here.](#)

PAWS Dogs to Visit for Finals Week

PAWS teams from The Chris Center will be at University each day of finals to help our students de-stress between exams. Dogs and handlers will be on site from noon to 1 p.m. on Tuesday, Wednesday, and Thursday.

Clear Out Lockers by Friday, June 10

The school will be open on Monday, June 6, Thursday, June 9, and Friday, June 10 for students to clear out lockers. Any items left in lockers after next Friday, June 10 will be discarded or donated.

How to Keep Your Current Locker for 2022-23

Returning students who wish to keep their current locker for the next school year should let [Kathy Davis](#) know by Friday, June 10. Include your first and last name and current locker number when you email or talk to Mrs. Davis.

Class of 2022 Updated Transcripts Will Be Transmitted in June

Updated transcripts will be sent to colleges in June. Contact [Maddy MacAllister](#) or [Lade Akande](#) with any questions.

DAILY SCHEDULE May 30-June 3

NO SCHOOL	FINALS	FINALS	FINALS	BREAK
MON	TUE	WED	THU	FRI

UPCOMING EVENTS



Celebrate the Class of 2022 at Commencement on Saturday, June 4

Please join us as we celebrate the commencement of the University High School Class of 2022. The Commencement Ceremony will be held at The Palladium at the Center for the Performing Arts (One Center Green, Carmel, IN 46032) on Saturday, June 4 at 1 p.m. Doors open to the public at 12:30 p.m. This is not a ticketed event. [See our website](#) for details.

Please note: The stage entrance on the northwest side of the building will be open before 12:30 p.m. only for graduating seniors and others working or performing in the ceremony.



Black Affinity Honors Graduating Members on June 4

Black Affinity will honor their Class of 2022 members in the annual Black Affinity Graduation Celebration on Thursday, June 2 at 6:30 p.m.

The evening will include remarks from Head of School Alicia LaMagdeleine, Black Affinity advisor Lade Akande, and members of the University High School Black Alumni Association. In addition to receiving their Kente stoles, each graduate will also deliver short remarks during the ceremony.

Baseball Team Competes in Sectional at Park Tudor Monday

The Trailblazers play Covenant Christian at 10 a.m. on Monday, May 30 at Park Tudor. Should they win, they will advance to the championship game later that day at 7 p.m.

Tickets are \$6 for a single session or \$10 for all sessions.

PARENT ASSOCIATION



Parent Association to Treat Students During Final Exams

To celebrate the end of the year, the Parent Association is providing complimentary treats for students during the week of final exams.

On **Tuesday, May 31 from 11:30 a.m. to 1:30 p.m.**, Crave Ice Cream Social will offer an assortment of items. Sidewalk chalk will be available for students to write encouraging messages to seniors as they look to graduation on Saturday.

On **Wednesday, June 1 from 8:30 a.m. to 10:30 a.m.**, a coffee bar will be set up in the lobby of Fairbanks Hall. Stop by to pick up a hot or cold beverage.

UNIVERSITY NEWS



Top Awards Presented at Prize Day Assembly

During this morning's Prize Day assembly, 15 seniors and one junior were recognized for their contributions to the school community. Congratulations to these outstanding Trailblazers!

Core Values Award

Ronelle Dorant
Nerissa Finnen
Jake Harrison
Aisha Kokan
Allie Skalnic



Academic Team Celebrates Season & Honors Outstanding Members

Earlier this month, the Academic Team held their final meeting of the year and distributed awards to the following team members.

Rookie-of-the-Year Award

Mikey Cardwell

Trailblazer Award

Karl Wang

Career Achievement Award

Natalie Fiur

Becky Williams

Department Awards

English – Shay Orentlicher

History – Zoe Napier

World Languages – Jordan Herbst

Science – Nerissa Finnen

Math – Jeremy Smart

Visual Arts – Bayan Abdullah

Performing Arts – Shay Orentlicher &

Jordan Bopp

Technology – Leanne Alsatie

Athletic Career Achievement Award

Gabe Mervis

Becky Williams

Audrey Lupton Community Award

Ronelle Dorant, Abby Hannon & Kennedy

Russell

Schmidt Award

Jaclyn Copeland

National Merit Finalists

Leanne Alsatie, Aisha Kokan, Shay

Orentlicher & Jeremy Smart



Students Receive Awards at Academic Recognition Night

Academic Recognition Night was held this week at University High School. The Cum Laude Society, National Honor Society, Science National Honor Society, and Sociedad Honoraria Hispánica groups inducted new members. Additionally, students were presented with Peer Tutoring Awards and recognized as Rising Stars of Indiana. View [names and photos on our website](#).

Most Valuable Player Award

Jeremy Smart

During the 2021-22 season, the Trailblazers amassed a record 23 wins, including a 21-match win streak and only one loss. For 2021-22, the team is champion of the central division of the White River Academic League (WRAL), champion of the Brownsburg "Dogfight" Tournament, 2nd place in the WRAL Annual Tournament, and WRAL champion.



Hank the Trailblazer Celebrates Retirement

Tail wags and smiles were in abundance this afternoon as Hank the Trailblazer celebrated his retirement as University's official unofficial mascot with canine and human friends. He and his person, Lade Akande, were presented with a plaque featuring an illustration by student Alex Altenburg (that is also on the title page of the 2021-22 yearbook). Best wishes on your retirement, Hank!

Play by University Faculty at Center for the Performing Arts Next Saturday

University's Head of School Alicia LaMagdeleine and Theatre Director Callie Hartz are directing their play "Women's Work" next Saturday night in Carmel. "Women's Work" explores "the complexities women face as they navigate external and internal challenges in the workplace." The show features three characters at the beginning and end of their careers in medicine, education, and business, showing how their stories evolve



Excellence in Music Recognized at Awards Ceremony

Last night, the music department hosted an awards ceremony and final concert of 2021-22, with performances from the percussion ensemble, flute choir, choir, wind ensemble, and string orchestra. All instrumental musicians joined together for the evening's final number that filled Andrews Hall with rhythm and harmony.

The following student musicians were honored for their contributions to the program.

National School Orchestra Award

Becky Williams

National School Choral Award

Lauren Porter

John Philip Sousa Band Award

Lilly Walz

Evelyn Glennie Percussion Award

Jordan Bopp

Outstanding Musicianship Award

Matthew Alcantara, Christian Baltz, Natalie Fiur, Chris Senften & Constantine Stefanidis



Senior Named Coca-Cola Scholar, Earns Spots as

over a 50-year span.

The show is at 7 p.m. on Saturday, June 4 in the Tarkington Theatre at the Center for the Performing Arts in Carmel. Tickets are on sale [here](#). Use the code WOMENSWORK for discounted tickets.

"Women's Work" will also be produced for IndyFringe in the fall. Watch the Blazer Blast for details.



Mental Health Awareness Month: Mindfulness

Mindfulness is a strategy that can help reduce stress and anxiety and prevent panic attacks. Mindfulness is available anytime, anywhere, and can be used by people of any age. Read about mindfulness at mindful.org.

Many resources are available to learn about mindfulness and begin practicing this skill, such as this [10-minute beginner's mindfulness practice](#) for teens and adults.

Apps are also a great tool for mindfulness. Below is a list of apps, some of which include resources for sleep.

- 10% Happier (free trial)
- Better Sleep: Relax and Sleep (paid)
- Calm (free trial)
- Headspace (some free content)
- HealthyMinds (free)

Presidential Semifinalist, National Merit Finalist

Senior Aisha Kokan is one of just 150 high school seniors nationally to be named a 2022 Coca-Cola Scholar. Less than one-quarter of one percent of over 68,000 applicants were selected for this highly competitive award. [Read more](#) about the award and foundation.

Kokan has earned many accolades in addition to being named a Coca-Cola Scholar. She is one of eight Indiana students among semifinalists for the [U.S. Presidential Scholars Program](#) and is a [National Merit Finalist](#) for 2022.

Delta Sigma Theta Sorority Recognizes Two University Seniors

Seniors Zoe McMullen and Lauren Porter are recipients of the Pearl Scholarship for outstanding academic achievement awarded by Delta Sigma Theta Sorority, Incorporated [Indianapolis Alumnae Chapter](#).

[Delta Sigma Theta Sorority](#), Inc. was founded by 22 young women at Howard University in 1913. In 1930 the organization was incorporated to provide services and programs to promote human welfare and has grown to an organization of over 1,060 chartered chapters with more than 350,000 members nationally and internationally.

- Insight Timer (free with some paid content)
- Smiling Mind (free)
- The Mindfulness App (free trial)
- UCLA Mindful (free)

Resources for Helping Children Cope With Tragedy & Media Consumption

The National Association for Independent Schools (NAIS) shared the following resources in response to the mass shooting at Robb Elementary School in Uvalde, Texas.

Helping Children Cope with Tragedy

- [Talking to Children About Tragedies](#) (American Academy of Pediatrics)
- [Helping Kids After a Shooting](#) (American School Counselor Association)
- [Promoting Compassion and Acceptance in Crisis](#) (National Association of School Psychologists)

Media Consumption

- [Children and the News](#) (American Academy of Child & Adolescent Psychiatry)
- [Explaining the News to Our Kids](#) (Common Sense Media)
- [Helping Children Cope with Frightening News](#) (Child Mind Institute)

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O F I N D I A N A



Quick Links

- [UHS Website](#)
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